Karthik Ultrasound Scan Centre is proud to announce the successful completion of the 8th edition of its annual conference GNANADHARA 2018 (Continuing Ultrasound Education), held on 2nd December 2018 at St. John’s Golden Jubilee Auditorium. The conference was held under the aegis of MediScan Systems, Chennai and the Medical Ultrasound Society of Karnataka (MUSK). The theme for this year’s conference was Fetal Limbs & Fetal Medicine – Clinicians Perspective.

Topics covered the Fetal limbs from embryology onwards, to imaging, as well as postnatal management of some fetal limb anomalies. The much-awaited live demonstration conducted by Dr. Rama Murthy, Dr. Sudarshan Suresh, and Dr. Indrani Suresh also gave some strategies to make fetal imaging of limbs easier, in real time.

This edition also sought to expand boundaries to address more interdisciplinary topics, a move that was enthusiastically supported by all delegates in attendance. Some of these sessions included:

1. A Medico legal panel discussion which included Professor Joga Rao, an expert in medicolegal lawsuits, fetal medicine specialist Professor Suresh Seshadri, obstetrician Dr. Anu Sridhar, and Ultrasonologist Dr. Dilip Kumar Jain. The theme discussed was the legal ramifications of missed limb anomalies, with emphasis on who is liable, what courts look for, and what precautions medical professionals must take.

2. A talk by Dr. Ashlesha Bagadia, a psychiatrist with over a decade’s experience in women’s health. It addressed how doctors should break the negative news of limb anomalies and other fetal anomalies to patients, including the ideal language to be used, both with the patient as well as extended family. The patient-centric nature of the talk invited a lot of interactions from the audience, discussing difficult cases that they had encountered.

3. A talk by Dr. C. Ranganath, an eminent orthopaedic surgeon, who spoke of different interventions available to manage some limb anomalies after birth. The talk gave a lot of new inputs to the professionals in attendance, to help gauge the severity of limb anomalies, and options to provide the expecting parents who wish to continue with the pregnancy despite them.

Karthik Ultrasound Scan Centre, along with the Indian Society for Clinical Sonologists (ISOCS) also used this platform to award the Knowledge Torchbearer Award to Dr. Dilip Kumar Jain, a sonologist from Madhya Pradesh, for his contribution to disseminating ultrasound knowledge systematically and widely, by harnessing the power of social media platforms, which was particularly helpful to doctors preparing for the Competency Based Examination conducted by the Government earlier this year.
The conference saw a healthy attendance of over 180 delegates from the fields of Ultrasound, Fetal Medicine, Radiology, Obstetrics, and Gynaecology. A number of postgraduate students from these fields were also present.

GNANADHARA 2018 was organised by Dr. Chitra Ganesh, and joint organising secretaries Dr. Leela Shankar and Dr. Krithika Ganesh (who also heads ThePocketFamilyDoctor, the Family Medicine Unit of Karthik Clinic). They thank Ultrasound companies Trivitron Hitachi, MINDRAY, GE, & Ultrasound reporting software company Medialogic Solutions for their consistent support for GNANADHARA. The smooth functioning of the event was also ensured by the dedicated service of the staff at KUSC, and other volunteers.

Interactions between academics and practitioners through sessions such as these will definitely help improve the patient care standards at Karthik Clinic and Karthik Ultrasound Scan Centre.